



# Lindsay Rose

HIGHLAND DANCE COMPANY  
Class Uniform and Teamwear Guide



## **DANCE UNIFORM**

**If outsourcing a uniform please ensure it is all BLACK with no logos/stripes etc.**

Lindsay Rose tanks/t-shirts and shorts may be worn as an alternative to the bodysuits.

All prices quoted with H.S.T

Capezio Royal Blue Leotards – \$24.00 (Black leotards acceptable also)

White Knee High socks - \$5.00 (can be found at Walmart/ Amazon)

LR Tanks - \$27.00 Adult sizes only

LR T-shirts - \$30.00

LR Shorts - \$22.00

LR Skort - \$28.00 - only size 5 and size 12 left

LR Track Pants - \$48 .00

LR Leggings –\$36 .00 Adult XS – L

LR Zip up hooded Sweaters \$60 / Team Jackets \$86 - With names on arm sleeve .

Custom Swords - \$90 Engraved with your dancers name and handles match choice of tartan or celtic knot



## **Ghillies /SHOES**

Must be tied properly before every class. Please refer to the YouTube video. I have many used pairs at the studio to try the first week of classes. Used shoes range from \$10-50

If I do not have your size – Please measure your dancers foot and New pairs can be purchased at

<https://www.tartantown.com/collections/shoes/products/highlander-highland-dance-shoes>

or [thehighlandhub.com](http://thehighlandhub.com) for the next weeks class.

Coloured ghillies may also be worn but dancers must have both black and a coloured pair in case of shows/exams etc.

\*New younger dancers may wear black ballet slippers or black gymnastic slippers which can be found on Amazon/Walmart or at a dance shop. These are suitable for our performances/recitals and exams but not competition.

## HAIR

Hair must be tied back neatly prior to class into a pony-tail or French braid. Buns are preferred.

Please put extra elastics and head bands in your dancers dance bag.



LR Navy Sweatshirts with Crossback - \$30 Adult sizes only

LR Leggings – Adult XS – L \$36



## COMPETITION COSTUMES –

When your dancer is ready for their first costume or a new one please check with me. I will help source a used outfit if we do not have one at the studio for you. Costumes are an investment that retain their value if kept clean, dry and ironed. Kilt sets/wool socks/aboyne sets are dryclean only. Please choose a reputable drycleaner that has experience with wool kilts.



## FUN FACT!

Your dancer will never have expensive recital costume fee's. We perform dance outs as a team and any money raised from shows go directly to costume funds for the studio's future performances. If your dancer chooses to not participate in dance outs you may be asked to pay a small fee and if there is damage to the costume there would be a full charge for a replacement.

Want to order something or still have questions?  
Feel free to send me an email [lindsayrosedance@hotmail.com](mailto:lindsayrosedance@hotmail.com)